

THIRD STREET BETHEL

A.M.E. CHURCH

OCTOBER 2023

NEWSLETTER

A CHURCH THAT GOES BEYOND THE WALLS TO IMPACT THE WORLD!

Greetings Third Street Bethel Family and Friends!

Autumn is a gorgeous season where the leaves change to a golden color and the weather cools down a bit. The changing colors of the leaves, the crispness in the fall air, I just love the season of Autumn. It truly is a peaceful time before the big bad winter season. As we marvel in God's magnificence let us be reminded to get quiet and **"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."** - [Proverbs 3:5-6](#)

The Greeters wish you a wonder filled month of October!

Let's Celebrate!

OCTOBER BIRTHDAYS AND ANNIVERSARIES

October Birthday Celebrants: Your birthday is a great time to remind you just how much you are loved and what a gift you are to our church family. Happy birthday to you!

October Anniversary Celebrants: Totally, completely and ridiculously in love! Your church family wishes you a world of happiness and a rainbow of blessings. Happy anniversary!

Third Street Bethel AMEC YPD

Third Street Bethel AMEC YPD held its installation of officers for 2023-24 on Sunday, September 10, 2023. Nora B. Taylor, Area Director and Sis. Justine Jones conducted the ceremony. Sis. Frankester Campbell is the local YPD Director. Bro. Zachary Harris is the local YPD President. Rev. Reuben James Boyd, Jr., Pastor and Sis. Zelda W. Johnson, Delia C. Jackson WMS President.



YPD Officers
2023-2024
President
Zachary Harris
1st Vice President
Jayden Winston
2nd Vice President
Aniya Jones
Recording Secretary
Kara Harris
Asst. Rec. Secretary
Ayanna Jones
Corresponding Secretaries
Danielle Campbell
Bryson Griffin
Financial Secretary
Ryan Harris
Parliamentarian
A'Leia Yerby
Worship Leader
Lauren Johnson

STEWARD BOARD CORNER

“Slow Down”

Are you always in a hurry? Driving over the speed limit, seeking the shortest check-out line, rolling through stop signs, or going to back-to-back meetings? How do you respond when someone asks "How are you?" Do you respond "Oh, good...just busy."?

It is said that if the devil cannot make you sin, he'll make you busy. Both sin and busyness have a similar effect in cutting off your connection to God, yourself, and others. Mark 12:30-31(NLT) states "And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength. The second is equally important: Love your neighbor as yourself. No other commandment is greater than these."

Love demands a significant time investment. Love and busyness are not compatible. When you are late for an appointment, behind on a to-do list, or trying to cram too much into a day, then you can become tense, angry, agitated, and short with other people. These are the antitheses of love.

Begin to slow down and be present in the moments. Drive the speed limit, completely stop at stop signs, attend your appointments 15 minutes early to give yourself time to pray. These are just a few solutions but will enrich your spiritual currency and bring you closer to God.

Dennis Yerby

Park and Praise Worship Service

The Annual Park and Praise Worship Service was held on Sunday, September 17, 2023 at 11:00 a.m. in the Club 533 parking lot across from Third Street Bethel. The church welcomed the community to worship along with providing food and fun games.



Two adorable participants at the Third Street Bethel Park and Praise Worship Service, Sunday, September 17, 2023.

A Blessing Box!

A Blessing Box has been constructed for individuals who are financially unable to purchase their toiletries and personal hygiene items. Those who take items from the box are requested to leave some for others who are in need. The Blessing Box is sponsored by the First Lady's Guild. It was built by Rev. Michael A. Dunn, Sr. Donations are welcomed and can be given to either First Lady Sonja or Mrs. Brenda Jones or dropped off to the Administrative Secretary, Mrs. Vivian Hall's office.



THIRD STREET BETHEL AMEC is 100% VOTING!

The political polarization in America is extreme. The country is more divided now than it has been since the beginning of this 21st Century. There is very little collaboration and mutually agreed upon issues between the Republicans and Democrats. A former USA President who is now alleged a felon, is currently running for reelection! Therefore, as American Citizens, we are in a very precarious situation. For this reason, it is essential and crucial that we are registered to vote and will exercise our right to vote on November 7, 2023. Early Voting is currently in effect! As President Barack Obama once said, "Don't Boogie with a Political Candidate you disagree with, VOTE!"



S.A.L.T. Book Club

Meeting Date: Friday, October 13, 2023

Time: 8:00pm

Book: Finishing "The Yellow Wife"

Author: Sadeqa Johnson

<https://us02web.zoom.us/j/85489538032?pwd=cE5mVXlvRndiZjN2YUc0bHhQcStZQT09>

Giving: Our website: <http://www.thirdstreetbethel.breezechms.com/give/online>, - By Mail, - Text "Give" to 804-413-6464

TSBAMEC Health Commission

October Newsletter Submission

National Breast Cancer Awareness Month

Finding [breast cancer](#) is key to successful treatment. That's why every October we come together to raise awareness about the disease and to encourage people to get tested. Check out our MyHealthfinder resources to learn about [getting tested for breast cancer](#) and [starting the conversation with a doctor](#)—and link your audiences to [this FAQ on mammograms](#) from the Office on Women's Health.

Please remember to pray for those in our community who are living with this disease: “Holy Spirit, please increase the wisdom, knowledge and understanding to medical doctors, nurses, researchers, technicians and healthcare personnel who conduct breast cancer research and studies and administer treatment to breast cancer patients. Fill those who are undergoing breast cancer treatment with Your strength, courage and patience. Strengthen their immune systems and protect their bodies as they undergo chemotherapy, radiation therapy, biological therapy, hormone therapy, surgery, cryosurgery and other procedures. Holy Spirit, comfort and strengthen their family members. Help them to cast all their cares upon You because You are the One who cares for us all. Remind their loved ones to have faith and to believe God for healing and a cure. With people, some things are impossible. But, with You, all things are possible.”

....and September was Prostate Cancer Awareness Month....

Spread awareness in your workplace!

We'll send you up to [50 free copies of our guide](#) “Things Every Man Should Know” about Prostate Cancer – provides quick stats and information about prostate cancer.

And a prayer: We're praying prayers of supplication for families and loved ones who are victims of prostate cancer. We're praying that God will supply their every need. We're praying that God will fill every void and every empty place in their lives. We're praying that God will fulfill every longing and every broken place in their hearts.

And finally: Given the recent security threat, here's a link featured on the AME International Health Commission website. The information is from CISA, the Cybersecurity and Infrastructure Security Agency. Their advice, as stated on their website, is: “For faith-based communities, it is crucial to ensure safety and security while maintaining a welcoming environment.” Here's the link to this page—check out the video!!

<https://www.cisa.gov/topics/physical-security/protecting-houses-worship>

VIDEO: <https://youtu.be/Ku2peixQrjE?si=iNc10ugKTKXnXH1f>

Submitted by Dr. Patricia Rodgers

EMOTIONAL WELLNESS MONTH

OCTOBER 2023

nationaltoday.com/emotional-wellness-month

Did you know your emotional well-being has powerful effects on your overall health? Mental and emotional stress can translate into negative physical reactions, a weakened immune system, and poor health.

“Emotional wellness” refers to our ability to process feelings in a healthy, positive way and manage the stress of everyday life. If you feel stressed or overwhelmed, try a soothing activity like meditation or yoga to slow down and clear your mind.

Use Emotional Wellness Month as an opportunity to take charge of your emotional wellness, find the soothing activities that work for you, and, most of all, breathe!

Why Emotional Wellness Month Is Important

A. We Are Reminded to Slow Down

We often forget to pause our lives to reset and reflect. Emotional Wellness Month reminds us to prioritize our mental health and personal well-being.

B. It Reminds Us to Check-in With Our Emotions

It is easy to suppress our feelings when there is so much else going on in our lives. With distractions coming at us in every direction, it is important to consciously quiet the noise and check in with ourselves.

C. It Gives Us An Opportunity to Connect With Loved Ones

Reach out to a relative or friend who you have not heard from in a while. You never know when people might need your support without knowing how to ask for it.



Emotional Wellness Tool Kit

nih.gov/health-information/emotional-wellness-toolkit

Managing Emotions—Stress Reduction—Sleep—

Mindfulness—Coping With Loss



YOU ARE WELCOME TO JOIN US



Sunday Worship

(Every Sunday at 11:00 a.m.)

In Person - Wearing a mask is optional.

Virtual Worship - On YouTube at:

<https://www.youtube.com/channel/UCGoO>

[yQWR_zdd_t2y-iOE3ZO](https://www.youtube.com/channel/UCGoO)

Or Audio Only: Dial 929-205-6099

Meeting ID: 677583157

PW: 946932

Prayer Call

Every Wednesday Morning

7:00 a.m.

Prayer Call:

(716-427-1108) PC 956420

Bible Study

Bible Study has RECESSED for the Summer and will resume Wednesdays at 6:00 p.m. beginning October 4th.

Virtual Sunday School

Held every 2nd and 4th Sundays at 9:30 a.m.

Beginners - <https://us02web.zoom.us/j/84428940911?pwd=MG5oN2hUSWpvVmF4NDRzYjFtQitDdz09>

Passcode: 292835

Intermediate - <https://thryv.zoom.us/j/93036530009?pwd=WjBNWEpaY3VwQmFnY0dNNTVQNS9RZz09>

Passcode: 541221

Senior - <https://thryv.zoom.us/j/92284893479?pwd=MTQ2N2hHelZSczBRS1VKU0RCNUtHUT09>

Passcode: 633837

OUR SICK AND SHUT-IN

3 John 1:2 - "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth."

Mother Trudie
Ms. Thelma McLendon
Ms. Joan Christian
Ms. Peggy Battle



Mr. Joseph Hall
Ms. Dorothy Grooms
Ms. Carolyn Turner