

## 2022-2023 Mentoring Meeting Dates

September 27, 2022	January 3, 2023	April 11, 2023
October 11, 2022	January 17, 2023	April 25, 2023
October 25, 2022	January 31, 2023	May 9, 2023
November 8, 2022	February 14, 2023	May 23, 2023
November 22, 2022	February 28, 2023	June 6, 2023
December 6, 2022	March 14, 2023	June 20, 2023
December 20, 2022	March 28, 2023	

## Curriculum Topics

Academics	Job Shadowing
Bullying	Leadership
Careers	Reading
Citizenship	Savings
Community Service	School Activities
Family	Self-Esteem
Giving	Social Etiquette
Hobbies	Sports
Homework	Science, Technology, Engineering, Math (S.T.E.M.)

## Contact Information

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**3rd Street Bethel African Methodist Episcopal Church  
2022-2023 Mentoring Program**

We are blessed and excited for another year and being able to continue the young men's mentoring program at 3<sup>rd</sup> Street Bethel AME Church. Our program will help play an essential role in the lives of young men supporting their social, emotional, and physical development. Our program provides opportunities and activities while developing technical and social skills in compliment to what is learned in the classroom. In addition, we want to do our very best to limit the spread of COVID-19 to mentors and mentees providing an open and safe environment for in-person activities.

**Prevention Strategies That Reduce the Spread of COVID-19**

The mentoring program strongly encourages vaccination for all eligible people. If anyone within the Mentoring program and or is a family member of a mentee is interested in receiving the COVID-19 vaccination, please inform one of the mentoring administrators for further assistance.

Mentoring administrators, working with local public health officials, will assess the level of community transmission to understand the burden of disease in the community. Mentoring administrators will monitor community transmission levels to inform decisions on strengthening prevention measures and can refer to specific recommendations for each level of community transmission. If community-level transmissions continue to increase, the program will be shut down, and all parents and mentees informed of this decision.

**Staying Home When Appropriate**

The recommendations below are for Mentors and Mentees attending the mentoring program.

- Mentors and Mentees who are not fully vaccinated and have recently had close contact with a person with COVID-19, including family members who they live with, should quarantine at home.
- Mentors and Mentees who have tested positive for COVID-19 or are showing symptoms of COVID-19 should isolate at home.

**Fully Vaccinated Mentors and Mentees**

- Although the risk that fully vaccinated people could become infected with COVID-19 is low, fully vaccinated people who have symptoms consistent with COVID-19 should isolate themselves from others, be clinically evaluated for COVID-19, and be tested for COVID-19 if indicated.
- Fully vaccinated people with no COVID-like symptoms do not need to quarantine or be tested following exposure to someone with suspected or confirmed COVID-19.

**Masks**

Masks protect the wearer and those around them. We require all Mentors, Mentees and visitors to use well-fitting masks with proper filtration consistently and correctly to prevent the spread of COVID-19 through respiratory droplets. All people in the Mentoring program should wear masks at all times with exceptions for certain people or for certain settings or activities, such as while eating and drinking or swimming. Mentors and Mentees can use well-fitting cloth masks with two or more layers of tightly woven, breathable fabric or disposable masks.

## **Physical Distancing**

Maintaining Physical Distance: Physical distancing provides protection by reducing the risk of exposure and limiting the number of close contacts when someone is infected with COVID-19. We have established mentoring policies and implement strategies to promote physical distancing, indoors and outdoors, of:

Use physical or visual guides to reinforce physical distancing of at least 6 feet in areas where adults may be interacting with other adults, mentors, or mentees (for example, reception and dining areas).

## **Handwashing and Covering Coughs and Sneezes**

We encourage frequent handwashing with soap and water for at least 20 seconds and/or the use of hand sanitizer that contains at least 60% alcohol. We encourage mentors and mentees to cough and sneeze into their mask or a tissue. Masks that become dirty or wet should be replaced with a clean one as soon as possible. They should throw used tissues in the trash and wash their hands immediately with soap and water for at least 20 seconds. When a mask or tissue is not available or in use, they should cough or sneeze into their elbow, not their hands.

## **Screening and Symptom Monitoring**

The best way to prevent the spread of COVID-19 is to keep the virus from getting into your mentoring program in the first place. Ask parents, guardians, or caregivers to monitor their children for signs of infectious illness, including COVID-19. Children who have symptoms of any infectious illness or symptoms of COVID-19 should not attend the mentoring program. Mentors should also monitor for signs of infectious illness, including COVID-19, and should not report to the program if they have symptoms.

## **Food Service**

As feasible, our program will try to have mentors and mentees eat meals and snacks outdoors or in well-ventilated spaces while maintaining physical distance as much as possible. Mentors and mentees should put their masks back on when not eating or drinking. All mentors and mentees should remain at least 6 feet apart when eating or drinking.

Thank you for your support in making 2022-2023 a safe and enriching year for all participants in the mentoring program!

Regards,

Rev. Reuben Boyd, Pastor

Johnathan Bennett, Program Director

Joel Lomnick, Program Director